



The Benefits Of Participating In The Performing Arts: Theatre Talent

Pursuing an education in theatre has been shown to provide students with valuable life lessons. Participation in a theatre program can ignite the imagination of students, as it encourages divergent thinking and helps to build essential skills. Some of these skills include developing a positive self-concept, increasing prosocial skills, and finding purpose through self-discovery, and creative expression.

A comprehensive theatre program includes various roles such as acting, costume and set designing, writing, or producing. This gives students, that need a creative outlet the opportunity to explore various options. Behind the scenes, students learn the importance of collaboration, and how to work as a team. Students learn how to effectively communicate and how to actively listen.

There are also several academic benefits to participating in theatre. Due to playwriting and play readings, studies show that students develop more positive attitudes towards reading. Students who participate in theater may also develop a better outlook toward learning in general. These students have shown that they may obtain higher scores on both their ACT and SAT.

As students learn how to effectively work as a team, it helps to build time management, teaches patience, and helps to build a student's self-concept. Students who believe in their ability to complete a task learn that reaching a long-term goal takes time. Students can benefit greatly when given the chance to learn these skills in a safe and affirming environment.

Through a theatre education, students learn how to take on the perspective of others which increases their empathy. Students grow to respect the ideas of others while learning how to tactfully express and embody these ideas. Through role-playing students can address common issues and cover real-life subjects within a controlled environment.

Supporting children in their pursuit of an arts education helps them to find their voice, shifts their worldview, and can increase their overall knowledge of the world. The creativity that students foster through an arts education can set them up for long-term success as they build the skills needed to succeed socially, academically, and professionally.

Resources:

1. [Fierberg, R. \(2022, November 26\). 9 benefits of introducing your child to theater. Parents.](#)
2. [Lewin, R. \(2023, April 11\). The importance of drama in the development of children. Potential Plus UK.](#)
3. [Middleton, G., & Dell'Erba, M. \(2021, November 30\). Theatre counts: How theatre education transforms students' lives. Arts Education Partnership.](#)